



Philadelphia

National Alliance of Market Developers Inc.

PRESENTS

# ARE YOU FIT FOR BUSINESS?

## 2010 ANNUAL MEMBERSHIP DRIVE KICKOFF EVENT

**OSHIVER HALL**

3901 Market Street  
Philadelphia, PA 19104

**Thursday**

**January 21, 2010  
6:00 PM to 10:00 PM**

**Join Us For an Evening of Fitness,  
Healthy Eating, Education & Fun!**

*(Please wear comfortable clothing if participating in activities)*

- WORK OUT WITH A PERSONAL TRAINER ◀
- RECEIVE PERSONAL TIPS ON GETTING YOUR BODY IN SHAPE ◀
- RELAX AND MEDITATE WITH A YOGA EXPERT ◀
- “EATING ON THE RUN” HEALTH TIPS ◀
- BLOOD PRESSURE TESTING ◀
- MASSAGE THERAPY ◀
- SPA AND PAMPER TECHNIQUES ◀
- LINE DANCING ◀

**ADMISSION IS FREE**

Join NAMD the night of the event and receive

- New member profile featured in the NAMD Black Professional News
- **Bold Listing** in the Black Yellow Pages
  - Photo Promo Kit
  - NAMD Gift Bag

TO RSVP CALL

Vanessa Williams 267-235-4115 ~ Connie Powell 215-850-6342  
Norm Bond 610-626-9773 ~ Veronica Freeman 215-760-6046

**Bring Plenty of Business Cards/Flyers  
& Visit our Vendors**

